

# Interested in strengthening your brain health?



**Research Study Purpose:** The purpose of the brain health project is to promote brain health. Participants will work with a health coach to develop a personalized plan addressing health behavior related to brain function.

## You must be:

- 18 years of age and above
- Interested in improving Brain Health
- No Dementia/known cognitive impairment or uncontrolled psychiatric illness

If you are interested in participating in this project as a research subject, please complete the registration survey:

[unthsc.qualtrics.com/jfe/form/SV\\_ekyjowQHobfeo97](https://unthsc.qualtrics.com/jfe/form/SV_ekyjowQHobfeo97)

For additional details, please contact:

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