

2025

December

GUIDE Resource Calendar

SUN

MON

TUE

WED

THU

FRI

SAT

30

1

2

New Beginnings Virtual
Caregiver Support Group

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Family Dynamics in
Caregiving: Coping with
Conflict and Engaging Family
Members in Care

JLW Virtual Support Group

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Caregiver Conversations
In the Moment at the Modern

12

JLW In-Person Support Group

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JLW Virtual Support Group

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JLW Virtual Support Group

18

Caregivers Support Group
(Virtual)

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JLW In-Person Support Group

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Caregiver Support
Group

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Support Group for
SpousesSupport Group for Adult
Children & Non-Spouses

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JLW Virtual Support Group

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JLW In-Person Support Group

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JLW Virtual Support Group

1

Caregivers Support Group
(Virtual)

2

JLW In-Person Support Group

3

Calendar Key

UNT Health Event

CMS GUIDE

Alzheimer's Association Event

James L West Event

Senior Source Virtual Support Group

Other Community Resource - See Webpage for Details

Upcoming Events, Registration Links, and Additional Resources

- [TCU Caregiver Research Study](#)
- [UNT Health Brain Health Study \(for Caregivers\)](#)