

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2 New Beginnings Virtual Caregiver Support Group	3	4	5	6
7	8	9	10 Family Dynamics in Caregiving: Coping with Conflict and Engaging Family Members in Care JLW Virtual Support Group	11 Caregiver Conversations In the Moment at the Modern	12 JLW In-Person Support Group	13 JLW Virtual Support Group
14	15	16	17 JLW Virtual Support Group	18 Caregivers Support Group (Virtual)	19 JLW In-Person Support Group	20
21	22 Caregiver Support Group	23 Support Group for Spouses Support Group for Adult Children & Non-Spouses	24 JLW Virtual Support Group	25	26 JLW In-Person Support Group	27
28	29	30	31 JLW Virtual Support Group	1 Caregivers Support Group (Virtual)	2 JLW In-Person Support Group	3

Calendar Key

- UNT Health Event
- CMS GUIDE
- Alzheimer’s Association Event
- James L West Event
- Senior Source Virtual Support Group
- Other Community Resource - See Webpage for Details

Upcoming Events, Registration Links, and Additional Resources

- TCU Caregiver Research Study
- UNT Health Brain Health Study (for Caregivers)